

When is the proper time to self quarantine?

First of all, I personally believe this is a personal decision as long as self quarantine is not mandatory. Each person or family needs to decide for themselves what is best for them taking into account: loss of jobs, schooling, spiritual education, access to vital services, etc.

Here are a few parameters that I have established for my personal family as when to self quarantine. Please remember these are mine and you should make your own mind up as what is best for you. However these parameters may give you food for thought on what you might want or not want to do.

self quarantine . . . yes

- Are there any children at my child's school already infected ?
- Are there any persons in mine or my wife's work place already infected ?
- Are there more than 10 people infected in my town within a 1 mile radius ?
- Is there a major outbreak within a 200 mile radius of my home ?
- Has the government or church already suggested (but not required) self quarantine ?
- Has there been people visiting my home that have been in established outbreak areas ?
- Is anyone in my home already showing symptoms of being infected ?
- Are there large sections of the country going under forced quarantine even though I may not live in those areas ?

You may share or copy this as long as it is copied in it's entirety.